



**Houssam Eddine  
Hariri High School**



**aefe**  
Agence pour  
l'enseignement français  
à l'étranger

# **Return To School Counseling Guide**

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@Hhhsinfo



HHHS Counseling Team is always available for the HHHS community, and especially in these times of distress.

In addition to the basic counseling services offered to our students, parents and staff members, the team will be extending a helping hand through supporting the school community members (students, parents, and staff):

1- Understand the impact of difficult times (COVID-19, Beirut explosion, financial crisis, ...) on the emotional, cognitive, behavioral, and physical level.

2- Learn different coping strategies to support oneself and others

3- Reach out to professional help when needed

The counseling service will be conducted through:

- One to one virtual counseling and guidance sessions with students, parents and staff members that might be in need
- Virtual Group sessions, webinars and assemblies for students, staff, and parents, addressing emerging issues related to our current challenging situations
- Circulating newsletters, flyers, videos, etc. aiming at raising awareness and educating on different important Mental Health and Wellbeing issues





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**For appointments, please reach out to the  
counselors' team at:**

- **Pre-school and Elementary School:**  
**raniahajibrahim@mak-hhhs.edu.lb**
- **Middle School:**  
**nagham.issa@mak-hhhs.edu.lb**
- **High School:**  
**mona.hneineh@mak-hhhs.edu.lb**

Check HHHS Website



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**THANK YOU**

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